

POCONO MOUNTAIN EAST HIGH SCHOOL RESOURCES FOR STUDENTS

Services	Contact/ Resource
Academic Services	
Monroe Career and Technical Institute (MCTI)	MCTI: 570-629-2001 Student Guidance Counselors
Dual Enrollment (NCC)	Ms. Lavra slavra@northampton.edu 570-369-1819 Student Guidance Counselors NCC: 610-861-5300
Advanced Placement (AP) Courses	Mr. Fitzpatrick: bfitzpatrick@pmsd.org https://ap.collegeboard.org/
Peer Tutoring	Mrs. Carpenter: acarpenter@pmsd.org
After School Tutoring	In - Person Monday - Thursday Virtual Link Monday - Wednesday
Student Assistance Program (SAP)	SAP Referral
PRIDE/ PBIS	Mr. Pawlowski: wpawlowski@pmsd.org PRIDE Handbook
Student Attendance Improvement Plan (SAIP)	Guidance and Administrative Team
Social/ Emotional Services	
Individual Guidance Counselors/ Guidance Support Groups	Ms. Strunk - A-D: lstrunk@pmsd.org Mr. Bias - E-K: lbias@pmsd.org Mr. Fitzpatrick - L-Q: bfitzpatrick@pmsd.org Ms. Metzger - R-Z: nmetzger@pmsd.org Ms. Garvey - Careers: rgarvey@pmsd.org
Check and Connect	Mr. Richards jrichards@pmsd.org
Peer Support	Mr. Pagotto: rpagotto@pmsd.org
Student Assistance Program (SAP)	SAP Referral Ms. Metzger: nmetzger@pmsd.org
Project One to Won	Ms. Kirschner: hkirschner@pmsd.org
Safe2Say	https://www.safe2saypa.org/
Extracurricular Activities	
National Honor Society	Mrs. Carpenter: acarpenter@pmsd.org
National Spanish Honor Society	Ms. Bruzzese: mbruzzese@pmsd.org
National Art Honor Society	Ms. Collier: icollier@pmsd.org

National German Honor Society	Ms. Tetrault: ctetrault@pmsd.org
National French Honor Society	Mrs. Weaver: jweaver@pmsd.org
Tri M Music Honor Society	Mr. Eick: teick@pmsd.org Ms. Livingston: clivingston@pmsd.org
Psi Alpha Psychology Honor Society	Mr. Pagotto: rpagotto@pmsd.org
Aevidum	Ms. Doran: kdoran@pmsd.org Mrs. Newlander-Jones: knewlander@pmsd.org
Anime Club	Ms. Carson: mcarson@pmsd.org Ms. Collier: icollier@pmsd.org
Band/ Marching Band/ Jazz Band	Mr. Eick: teick@pmsd.org
Chess Team	Mr. Bias: lbias@pmsd.org
Chorus/ Show Choir	Ms. Livingston: clivngston@pmsd.org
Envirothon	Mr. Walters: kwalters@pmsd.org Ms. Becker: tbecker@pmsd.org Ms. Carsia: jcarsia@pmsd.org
East High School Pride Initiative Committee (EPIC)	Mrs. Moran: memoran@pmsd.org
Future Business Leaders of America (FBLA)	Ms. Osborne: kosborne@pmsd.org
Gender Sexuality Alliance (GSA)	Ms. Griesbach: tgriesbach@pmsd.org Ms. Strunk: istrunk@pmsd.org
History Day Club	Mr. Kless: dkless@pmsd.org Mr. Kier: rkier@pmsd.org
HYPED Magazine	Mrs. Baldauff: hbaldauff@pmsd.org Dr. Bracey: cbracey@pmsd.org
Leo Club	Mrs. Weaver: jweaver@pmsd.org
Literary Magazine	Mrs. Jackson-Petersen: kpetersen@pmsd.org
Mock Trial	Ms. Collier: icollier@pmsd.org
Odyssey of the Mind	Mr. Semian: ksemian@pmsd.org Mr. Smith: gsmith@pmsd.org
Pennsylvania Junior Academy of Science	Ms. Elswick: melswick@pmsd.org Ms. Becker: tbecker@pmsd.org
Psychology Club	Mr. Pagotto: rpagotto@pmsd.org
Reading Competition	Ms. Bresser: bbresser@pmsd.org Ms. Baker: bbaker@pmsd.org Ms. Carpenter: acarpenter@pmsd.org Ms. Keller: ekeller@pmsd.org
SAAD	Ms. Marshall amarshall@pmsd.org

Scholastic Scrimmage	Ms. DeFazio: mdefazio@pmsd.org
Science Olympiad	Mr. Walters: kwalters@pmsd.org
Speech and Debate	Mr. Orehostky: dorehotsky@pmsd.org Mr. Kier: rkier@pmsd.org
Student Government Association (SGA)	Ms. Allshouse: jallshouse@pmsd.org Mr. Gilroy: cgilroy@pmsd.org
Studio	Mr. Orehostky: dorehotsky@pmsd.org
Yearbook	Dr. Bracey: cbracey@pmsd.org
Athletics:	Mr. Frailey: mfrailey@pmsd.org
Fall	
Football: Daniel Burns: dburns@pmsd.org	Competitive Spirit: Connie Reed: creed@pmsd.org
Girls Soccer: Daniel Snyder: dasnyder@pmsd.org	Boys Soccer: Tucker Reinhardt: treinhardt@pmsd.org
Girls Tennis: Allie Caggiano: acaggiano@pmsd.org	Field Hockey: Gabrielle Watson gwatson@pmsd.org
Cross Country: Nicole Metzger: nmetzger@pmsd.org	Golf: Brian Fitzpatrick: bfitzpatrick@pmsd.org
Girls Volleyball: Bill Kline: wkline@pmsd.org	
Winter	
Girls Basketball: Adriana Johnson: adjohnson@pmsd.org	Boys Basketball: Mark Dudley: mdudley@pmsd.org
Swim Team: Tyler Dalton: Tdalton@pmsd.org	Wrestling: Mike Hollar: mhollar@pmsd.org
Competitive Spirit: Connie Reed: creed@pmsd.org	
Spring	
Softball: Amanda Haney: ahaney@pmsd.org	Baseball: Matt DelGiudice: mdelgiudice@pmsd.org
Boys Tennis: Austin Clairlante: aciarlante@pmsd.org	Boys Volleyball: Nick Lemmo: nlemmo@pmsd.org
Track and Field: Jon Holland: jholland@pmsd.org	Unified Track and Field Team: Maryanne Paige: mpaige@pmsd.org
Community Services	
Big Brothers/ Big Sisters of NEPA	https://www.bbbsnepa.com/monroe/
United Way of Monroe County	https://poconounitedway.org/your-united-way/
Monroe County NAACP	http://www.monroecountynaacp.org/index.cfm
Carbon-Monroe-Pike Mental Health and Developmental Services	http://www.cmpmhds.org/
Boy Scouts of America	https://beascout.scouting.org/list/?zip=18370

	http://www.minsitrails.org/districts/monroe-district-73753
Girl Scouts of America	https://www.girlscouts.org/en/about-girl-scouts/join/council-finder/council-finder-results.html#PA