

Housing

Family Promise of Monroe County
P.O. Box 1021
Stroudsburg, PA 18360
570-420-8589
<http://familypromisepa.org/>

Monroe County Housing Authority
1055 West Main Street
Stroudsburg, PA 18360
570-421-7770
<http://www.housingauthoritymonroecounty.org/>

Pocono Area Transitional Housing (PATH)
120 Park Avenue
Stroudsburg, PA 18360
570-424-0542
<https://www.pathhouse.org/>

Salvation Army Emergency Shelter
226 Washington Street
East Stroudsburg, PA 18301
570-421-3050
<https://pa.salvationarmy.org/East-Stroudsburg/>

RHD Street 2 Feet Outreach Center
130 North First Street Suite 102
Stroudsburg, PA 18360
570-369-1299
<https://www.rhd.org/street2feet/>

Women's Resources of Monroe County
(Domestic Violence)
225. J. Wilson Drive
Delaware Water Gap, PA 18327
570-421-400 (hotline)
<https://www.wrmonroe.org/>

Assistance (Financial)

Monroe County Assistance Office
1972 West Main Street #101
Stroudsburg, PA 18360
570-424-3030

United Way
301 McConnell Street
Stroudsburg, PA 18360
570-517-3953
<https://poconounitedway.org/>

Food

Bushkill Outreach
12 Route 209
Bushkill, PA 18324
570-588-0660

Cresco Community Food Pantry
6048 Paradise Valley Road
Cresco, PA 18326
570-595-2000

Christian Awareness Ministries Ecumenical
High Acres Park Route 447
P.O. Box 434
Canadensis, PA 18325
570-595-9141

PA 211 (Call for information and resources for food, housing, health and human services)
PA Child Line 1-800-932-0313 1-800-Runaway
Human Trafficking 1-888-373-7888 <https://pcar.org/human-trafficking>

Loaves and Fishes
5139 Milford Road
East Stroudsburg, PA 18301
570-223-8012

Supplemental Food Resource Center (Effort UMC)
178 Merwinsburg Road
Effort, PA 18330
570-629-1890

Seed of Faith Ministries
1087 Scenic Drive
Kunkletown, PA 18058
610-951-4303

Feeding Families
110 View Court
Mt. Pocono, Pennsylvania 18334
570-997-3702

Pleasant Valley Ecumenical Network
Greenview & Mcilhaney Streets,
Saylorsburg, PA 18353
570-992-3136

Oasis of Love, Inc
814 Monroe Street
Stroudsburg, Pennsylvania 18360
570-972-0838

Cresco Community Soup Kitchen
6048 Paradise Valley Road
Cresco, PA 18326
570-595-2000

East Stroudsburg UM (Soup Kitchen)
83 South Courtland Street

East Stroudsburg, Pennsylvania 18301
570-421-3280

Pocono Mountain Ecumenical Hunger Ministry
5550 Memorial Boulevard
Tobyhanna, Pennsylvania 18466
570-894-2072

Top of the Mountain Ecumenical
133 Firehouse Road
Pocono Pines, PA 18350
570-646-4756

Pennsylvania Hunger Action Center
1-800-366-3997 (Food information line)
1-800-634-2033 (Food stamps)

Child Care

Early Learning Resource, Inc.
409 Lackawanna Avenue
Scranton, PA 18503
570-468-8144
(Serves Monroe County)

Monroe County Children and Youth
730 Philips Street
Stroudsburg, PA 18360
570-420-3590

<http://www.monroecountypa.gov/Dept/CY/Pages/default.aspx>

Monroe County Head Start
212 West Fourth Street
East Stroudsburg, PA 18301
570-421-2711

<https://psfc.org/>

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Pregnancy Resource Center
49 Dansbury Terrace
East Stroudsburg, PA 18301
570-424-1113
<https://www.pregnancytalk.org/>

PA Child Day Care Work Hotline
1-877-472-5437

Women, Infants and Children (WIC)
175 East Brown Street
East Stroudsburg, PA 18301
570-424-8784

24/7 Mental Health Crisis Hotline
Carbon, Monroe, Pike Counties;
570-992-0879
(Also Early Intervention)

Assistance (Medical, Counseling)

Bethesda Day Treatment Center
151 Sawmill Court
East Stroudsburg, PA 18301
570-233-5036
<https://pathtochange.org/>

Drug and Alcohol Commission
724 Philips Street
Stroudsburg, PA 18360
570-421-1960
<http://www.cmpda.cog.pa.us/>

Monroe County Mental Health
724 Phillips Street #202
Stroudsburg, PA 18360
570-420-1900
<http://www.cmpmhds.org/>

Monroe County State Health Center
(PA Department of Health)
1972 West Main Street, Suite 102
Stroudsburg, PA 18360
570-424-3020

Pennsylvania Department of Health
1-877-724-3258

PA CHIP (Health Insurance for Kids)
1-800-986-KIDS (5437)

SAMHSA National Help Hotline
1-800-662-HELP (4357)
(Mental and Substance Use Disorders)

24/7 Mental Health Crisis Hotline
Carbon, Monroe, Pike Counties;
570-992-0879

Employment

PA Career Link (Monroe County)
Route 611, Merchants Plaza
Tannersville, PA 18372
570-620-2850
<https://monroecountycareerlink.org/>

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