

## Class of 2019 Hall of Fame Members



### **Bill Carter: Coach—Baseball, Basketball, Football**

Bill Carter served as a baseball, football and basketball coach at Pocono Mountain from 1979-2006 at different levels and continues today as an assistant baseball coach for the Cardinals.

In baseball, Bill Carter's Cardinal coaching career started in 1979 as a junior varsity coach. Through 1980-82 he was assigned an assistant varsity coaching position. In 1981, the team won the league championship as well as the District XI crown. In 1983, he took over as the head baseball coach and continued to be dominant throughout the league. During his head coaching career he took the 1991, 92 and 93 teams to the league championship and took the 1993 and 2006 teams to the District XI finals. In 2006, he was selected as the Coach of the Year by the Pocono Record. Bill Carter served as a head coach 3 different times over 18 years. He also coached at a Division 2 baseball program in the PSAC.

In football, Bill Carter served as an assistant coach on the 1988 undefeated league and District XI championship team. Throughout his football coaching career he served an assistant on offense, defense and special teams under 4 different head coaches.

Bill Carter also coached 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> grade basketball for 8 years. In that time period, the varsity program went on to win a league championship.

### **Mark Mikels: Football, Track**

Mark was an outstanding athlete and played in the first football season for the school. During his high school career, he had four games with multiple touchdowns and also had nine touchdowns longer than fifty yards. He averaged 7.4 yards per carry for his career. During his football playing years, he had the most yards for a single game with 235. He also had the most touchdowns in a single game with five. He was also a team captain for two seasons.

For his track career, Mark represented the Cardinals at the District 11 track meets in 1964 and 1965 in both to 100 and 200 yard dash events. He then represented the Cardinals at the state track meet in 1965 in both the 100 and 200 yard dash events.

After high school, Mark attended Wheaton College and Denver Seminary.

### **Michelle Rhodes Young: Gymnastics, Tennis, Track, Diving**

Michelle was a 4 year letter winner in track, 3 year letter winner in gymnastics, 2 year letter winner in tennis and 1 year letter winner in diving.

In gymnastics, as a freshman, Michelle finished in 2<sup>nd</sup> place in the all-around, bars, floor and vault in the PIAA District 11 meet and participated in the PIAA state championship meet. As a sophomore, the team won 2<sup>nd</sup> place in the PIAA District 11 meet. In her junior year, she was the all-around winner and placed first in all four apparatus, earning a trip to the PIAA state championship meet. At that meet, Michelle earned 3<sup>rd</sup> place in the all-around with a total score of 32.60 and 3<sup>rd</sup> place on beam with a score of 8.1.

In track, Michelle earned 2<sup>nd</sup> place in Districts for the 400m relay in her freshman and senior years. She also competed at Leagues in the 300m hurdles.

Michelle went on to coach gymnastics at a local school while attending East Stroudsburg University where she studied Exercise Physiology. She currently is self employed as a Massage Therapist and resides in Coopersburg, PA with her husband Bill and daughters, Sydney and Sienna.

### **Robert Savidge: Swimming**

Over the course of his high school swimming career, Rob qualified for PIAA District 11 Championships all 4 years, winning the silver in the 100 yard Breaststroke in '96 and securing the District title with a gold in '97. He was the first Pocono Mountain swimmer to win a District Title and the only Mountain Valley Conference swimmer to get a gold medal that year. He was undefeated in the Mountain Valley Conference his junior and senior years. At that time Rob was one of two Monroe County swimmers to qualify for PIAA State Championships in over 27 years. At the State Championships, Rob placed 8th in '96 and 7th in '97, securing all-state honors and becoming the first Monroe County swimmer to do so. He proceeded to qualify and compete in the Keystone Games and YMCA National meet for two years. His other high school recognitions include Channel 13's athlete of the week and Pocono Mountain Outstanding Male Swimmer of the Year. Rob has held the 100 yard Breaststroke record for Pocono Mountain since 1997.

Following his high school swimming career, he attended Washington College, where he held the 100 yard Breaststroke record for 10 years, the Centennial Conference records in the Medley Relay for 7 years, placed third in the Conference Championships, and was an Academic All-American.

Rob lives in Annapolis, Maryland with his family where he serves as an Annapolis Alderman on their City Council and works full time as an Environmental Scientist with Anne Arundel County restoring the Chesapeake Bay. He continues to swim competitively with the US Masters Swimming program.

### **Rahsaan Uldaneta: Football, Track**

Rahsaan "Sonny" Uldaneta earned his varsity letter in track and football and is recognized for his accomplishments in both sports. He won multiple championships in the Colonial League, Centennial League, Mountain Valley Conference, and Crimson Tide Invitational during his track career. During the indoor and outdoor seasons of his junior year, Rahsaan helped contribute to winning titles in the 4x100 and 4x400 relay events and the 110M high hurdles and 300M intermediate hurdles. In his indoor competition, Rahsaan posted the second fastest time in the nation in the 55M hurdles with a time of 7.42 sec. During his senior season, Rahsaan earned a silver medal at the PIAA Track and Field State Championships in the 110M high hurdles. In football, Sonny rushed for 319 yards which broke the single-game record.

After graduating high school, Rahsaan earned a full athletic track scholarship to Division I Western Carolina University. During his four years there, he continued to break records and contributed to back-to-back Southern Conference League Championships. Rahsaan currently lives in Miami, FL and is a successful businessman and motivational speaker.

### **John Bush: Coach/Special Service to Pocono Mt. Athletics**

Following his graduation from East Stroudsburg Teachers' College in 1953, and then his two-year service requirement in the United States Army, John began his teaching and coaching career at Tobyhanna Township High School in Pocono Lake. From 1956-61, both John's basketball and baseball teams consistently won the Monroe Scholastic League Championship.

Upon the merger of the four community high schools into Pocono Mt. Joint Junior-Senior High School, John was the first head baseball coach. His team was a perfect 10-0 in their inaugural season. His teams were consistent winners and in 1967, went 14-2 and won the Lehigh-Northampton league championship, their first year in the league.

Although John was extremely proud of his players on-the-field accomplishments, he was even more proud of how successful they became after their high school years. John could frequently be found enjoying a round of golf or socializing with his former players. John and his wife, Gloria, enjoyed watching their two children and six grandchildren from the sidelines.

**Vice Admiral Norbert Ryan, Class of 1963**

Vice Admiral Norbert Ryan was also a four-year starter in basketball and baseball. In basketball he was also a four year letter winner and a 1000 point scorer. He was the leading scorer his junior season on a team that went 15 and 5 and participated in the state basketball playoffs. In 1963 he was a member of the District 11 All Star team and received honorable mention on the Associated Press All-State Basketball team. Norbert was also a four-year letter winner in baseball, going 5-0 as a pitcher in his senior season. While at Pocono Mountain he was also a senior class vice president, a member of the National Honor Society, and a member of the debate team. Upon graduation he also attended the United States Naval Academy and embarked on a distinguished thirty-five year career in the United States Navy.