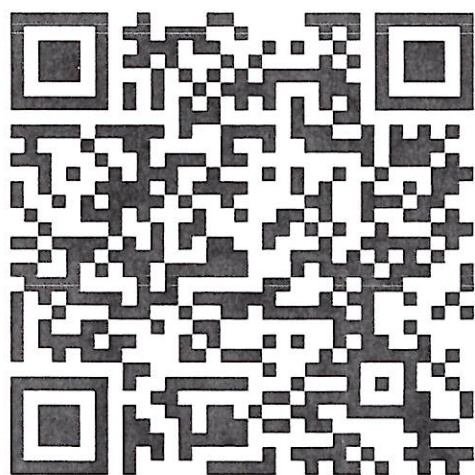


Free Sports Physicals

Thursday May 30th 3-6pm

West High School – Aux Gym

Scan to sign up



St Luke's
Sports Medicine

Activity bus is available at 5 pm and 6pm.

If you can drive or get a ride home, please sign up after 5:45.

Please register on Arbiter Sports for 2024-2025

New Users

Go to: account.students.arbitersports.com/signup

Create your account and log in.

Once in, go to Dashboard and search 'Pocono Mountain West' or 'PMW'

Click '2024-2025 Athletic Registration'

Scroll to 'Sections' to begin. Please select only the sports you wish to participate in.

Proceed to 'Participant Information' and fill in all required fields on the form.

Complete all areas marked with an asterisk

Current Users

Log in at: account.students.arbitersports.com/

From your Dashboard, select or search for 'Pocono Mountain West' or 'PMW'

Click '2024-2025 Athletic Registration'

Scroll to 'Sections' to begin. Please select only the sports you wish to participate in.

Under Participant Information, if registering a returning athlete, select the athlete to auto populate your form. **Please make sure to update any information that may have changed recently.** If registering a new athlete on your family account, click 'Create participant' and enter all information.

Complete all areas marked with an asterisk.